# Tumor micro-environment shift induced by topical chlormethine in early-stage mycosis fungoides by flow cytometry of interstitial fluid



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# Introduction

Early stages of Mycosis Fungoides (MF) can be treated effectively with topical chlormethine. However, insight into changes in the tumor-micro environment (TME) during treatment and how these changes contribute to therapeutic success is limited.

### Aim

To characterize the TME of MF on a cellular level by suction blister fluid analysis.

## Methods

Exploratory, single-centre, deep phenotyping, two-part study to describe MF characteristics and explore novel biomarkers.

- 21 early-stage (la/lb) MF patients
- Interventional part: 16 weeks of chlormethine gel 0,016%, thrice weekly in week 0-4 and once daily in week 4-16.
- Collection suction blisters: pre- treatment from LS and NL skin, after 16 weeks of treatment from LS skin

## Results

After 16 weeks of treatment with chlormethine

- Composite Assessment of Index Lesion Severity (CAILS) score ↓
- Modified CAILS score (mCAILS) ↓
- Modified Severity-Weighted Assessment Tool score (mSWAT) ↓
- CD4+CD26⁻ abberant T cells (p<0.001), CD3+8+ T lymphocytes (p<0.05), activated CD8+HLA-DR+ cytotoxic lymphocytes (p<0.01) and Tregs (p<0.001) ↓</li>

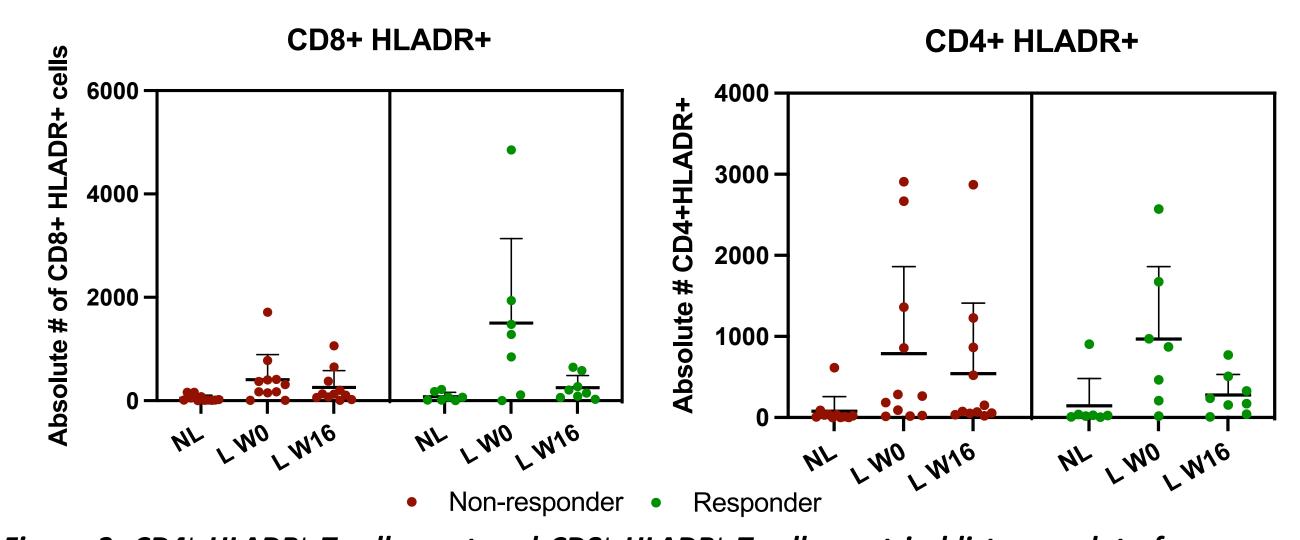
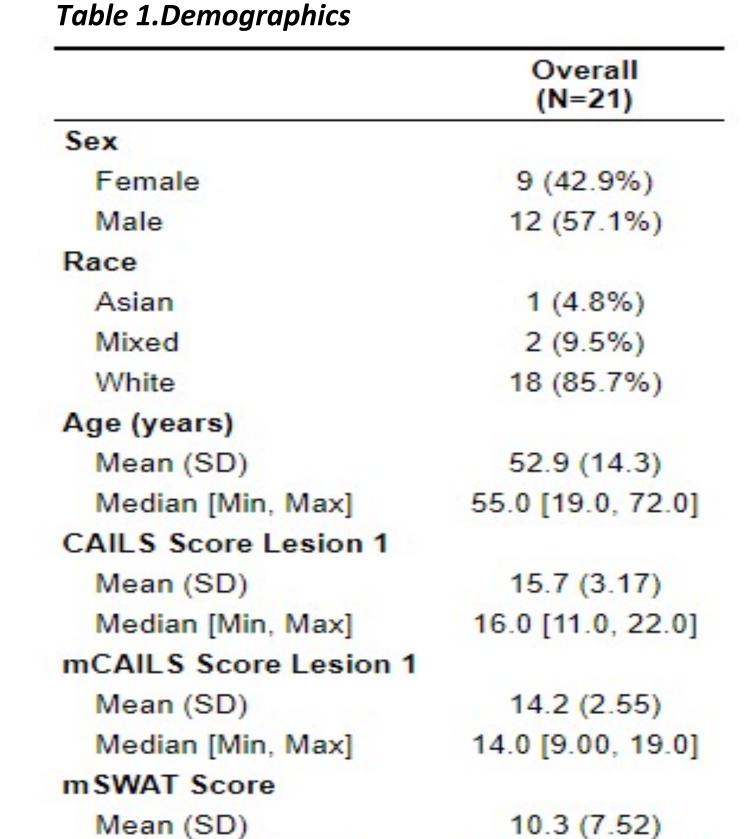
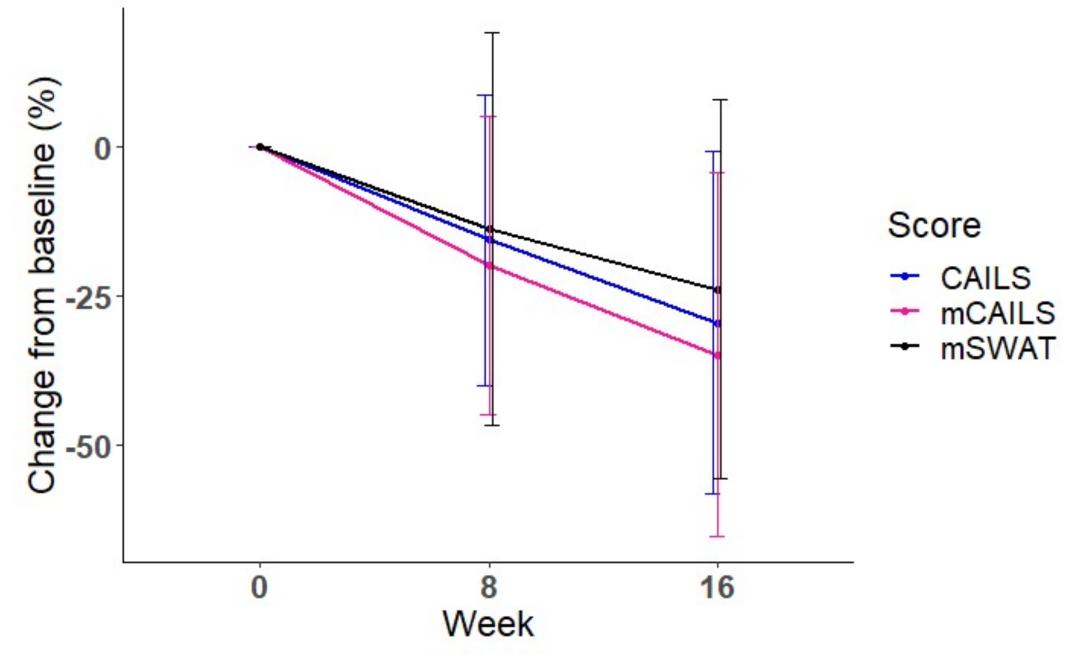


Figure 2: CD4+ HLADR+ T-cell count and CD8+ HLADR+ T-cell count in blister exudate from non-responders and responders to topical chlormethine treatment. Absolute cell count of CD4+ HLADR+ T-cells and CD8+ HLADR+ T-cells in blister fluid from non-lesional skin, lesional skin on week 0 and lesional skin on week 16 in non-responders and responders to treatment. All 21 MF patients were treated with 0.016% topical chlormethine.

- Positive feasibility of real time analysis of suction blister fluid to investigate MF TME
- CD8<sup>+</sup>HLA-DR<sup>+</sup> cytotoxic T cells and Tregs prominent role in MF TME
- Chlormethine gel results in less tumor cell-prone micro-environment in early stage MF



Median [Min, Max]



9.00 [3.00, 35.0]

Figure 1.. Change from baseline over time of Composite Assessment of Index Lesion Severity (CAILS) score, Modified CAILS score (mCAILS) and Modified Severity-Weighted Assessment Tool score (mSWAT) in early-stage MF patients treated with topical chlormethine. All 21 MF patients were treated with 0,016% topical chlormethine.

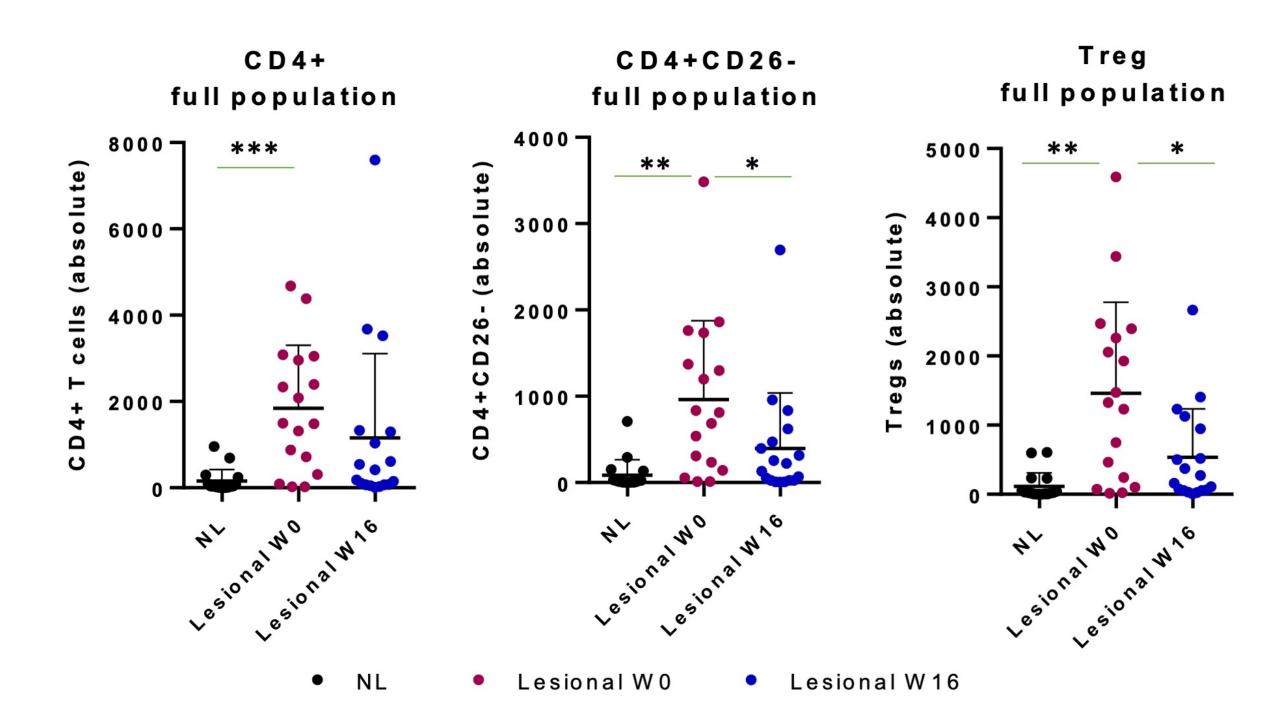


Figure 3: CD4<sup>+</sup> T-cell count, CD4<sup>+</sup>CD26<sup>-</sup> T-cell count and Tregs count in blister fluid from non-lesional skin, lesional skin on week 0 and lesional skin on week 16. Absolute cell count of CD4<sup>+</sup> T-cells, CD4<sup>+</sup>CD26<sup>-</sup> and Tregs in 21 MF patients.

